

North Shore Hospice - Day Program Information for Physicians

Hospice Day Programs provide an essential lifeline for patients and families living at home and experiencing the difficulties of a life-limiting illness. **The North Shore Hospice Day Program** will ensure that patients are best prepared emotionally and equipped physically to live their lives in comfort in their own home, with the very best support from local community services and healthcare specialists.

How to Refer:

- Please complete the Referral Form and fax to: 604-984-3798
- Attach any recent clinical history.
- Your patient will be contacted by the Day Hospice Nurse to arrange an appointment.
- Please note: patients must be registered with North Shore Palliative Care Program prior to attending the Day Hospice.
- For more information please call: 604-984-3743

Reasons to Refer:

- To meet other patients in similar situations.
- To provide the opportunity for family or caregivers to have a day off.
- To meet members of the clinical team or to have symptoms monitored.
- To use the Hospice bathing facilities when access at home is difficult.
- A 12- week placement will normally be offered. This can be extended if the goals we set with the patient are not achieved within that time or if new problems arise.
- Family Caregiver support is offered on specific days

Location:

North Shore Hospice 319 East 14th St, North Vancouver (1 block east of LGH).

Hours of Operation:

Monday, Tuesday, Thursday, Friday: 10:00am – 4:00pm

We can accommodate eight clients each day, on an outpatient basis.

Cost:

\$6 per visit – includes lunch and refreshments. If patient wishes to see hairdresser or podiatrist, patient pays service provider directly.

Day Hospice staff include:

- Certified Hospice Palliative Care Nurse.
- Acute Care Aide
- Palliative Volunteers
- Counsellors
- Chaplain

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Counsellors

Our trained counsellors will come in to the Day Hospice to offer support to those patients that might find it helpful to talk through some of the emotional difficulties of their illness.

Chaplain

A Chaplain will be available in Day Hospice to offer patients spiritual support and care or simply to offer a listening ear. Communion can also be arranged for those that would like it.

Mobility

Patients will have access to the services of the physiotherapy team. By discussing those things most important to the patient we will always aim to support independence and function by prioritizing their needs and enabling patients to maintain as much control as possible. Exploring each patient's potential and setting realistic goals we can help manage symptoms of breathlessness and anxiety, pain and fatigue. We may also be able to help with mobility difficulties.

We will run gentle exercise classes in Day Hospice which patients may find an enjoyable way of keeping limbs supple and mobile.

We can supply aids and equipment via the Palliative Benefits Program, and written information and advice

One of the team of complementary therapy volunteers may offer treatments to patients during their time at Day Hospice such as:

- Face and scalp or hand and foot massage.
- Relaxation sessions

Terms & Conditions

All patients will be assessed by a Registered Nurse during their initial visit.

Charges must be paid at the beginning of each visit.

Patients must agree to attend for the full 12 weeks (subject to wellbeing).

If a patient does not attend for 3 or more sessions we reserve the right to offer the place to another patient on the waiting list.

Registration to the Day Hospice does not provide access to medical procedures.

Patients attending the Day Hospice agree to abide by the policies and regulations of Vancouver Coastal Health.

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